Journal Entry 1: Car Swerve

You’re driving down the road…
A car in the other lane speeds past at an alarming rate…
Suddenly, and without warning or notice, they swerve into your lane, cutting you off!

- What’s your reaction? What do you think? What do you say out loud?
  What else do you do?
Journal Entry 2: Attitude and Behavior

Pick one (or more) of the following topics and describe an event from your life that matches the situation posed. Have you...

- been convinced to buy a product because of who advertised it (such as a celebrity) in a commercial?
- been in a long-term relationship where the passion waned over time but the companionship became stronger?
- had a belief about something but acted in a way contrary to that belief?
- changed your behavior to be like someone else?
- changed your behavior because someone in a position of authority told you to?