Clinical Psychology Critical Thinking Questions
Answer in your OWN WORDS.

1. In order for behavior to be considered abnormal, it must be deviant, distressful, and dysfunctional. **Pick any disorder of your choice and explain how each of the three Ds would apply.**

2. One of the big changes recently in abnormal psychology was the switch over to “people first language.” What does this mean? Do you think it’s a good change, or is it a case of being over-sensitive?

3. Go to [http://www.phobialist.com](http://www.phobialist.com) and search for three phobias you think are the most interesting. Write their names down and what each phobia is “afraid” of.

4. Lara is paranoid that a stranger is going to come into her house at any given moment. She always locks the door seventeen times before going to bed so that her mind can be put at ease. In this example, what psychological disorder would Lara likely be diagnosed with? **Break down the disorder into its two parts.**

5. Your best friend Teniqua has just been diagnosed with schizophrenia. Her doctor explains that she is experiencing both positive and negative symptoms. What would be two examples each for positive and a negative symptoms?
6. One day, Scott (a lonely, single man) is **traumatized** when a one-legged ninjitsu assassin appears in the corner of his room and tries to attack him. Although Scott fights off the ninja, the next day he disappears. Six months later, a man who looks exactly like Scott (but now named Carlos) is living in L.A. and dating a girl named Scarlett and is very happy being in a relationship. **Which dissociative disorder might Scott be suffering from? Explain your answer.**

7. After being turned down repeatedly by his girlfriend to his marriage proposals, Ezekial develops depression. If Ezekial’s depression is caused in part by her negative explanatory style, what would be some examples of how Ezekial characterizes his marriage attempt failures?

8. Dan goes in for his weekly psychoanalysis therapy session with Dr. Freud. This week, Dr. Freud has Dan talk about his childhood experiences. Create examples that would demonstrate Dan using **resistance** and **transference** in this therapy session.

9. Kal-El has an immense fear of meteor rocks. How could Kal-El overcome this fear utilizing the behavior therapy of **systematic desensitization**?