1. Anorexia, Bulimia, and other Eating and Body Dysmorphic Disorders _________________.

2. In order for these conditions to be recognized and treat successfully, they have to be understood as _________________________________.

3. Which statistic from the National Eating Disorder Association did you find most disturbing? Why?

4. Anorexia Nervosa is an eating disorder in which a person (usually an adolescent female) maintains a _______________________________ despite being significantly (____ or more) underweight.
   a. What are some of the other physical symptoms of the disorder?

5. Bulimia Nervosa is an eating disorder in which a person alternates __________________________(usually consisting of high-calorie foods) with __________________________(by vomiting or laxative use), or fasting.
   a. What are some of the physiological damages from purging?

6. Binge-eating Disorder is marked by significant binge-eating, followed by emotional distress, feelings of lack of control, disgust, or guilt, but ____________ purging or fasting.

7. Being bombarded with images of unrealistically slender models and jacked celebrities has increased many people’s _______________________________ with their own bodies.

8. __________________________________________ is a psychological illness that centers on a person’s obsession with physical flaws—either minor or imagined.

9. What do you think is likely the biggest cause (among those listed by John Green) of these disorders? Why?