1. The vast majority of people treated by counselors and psychotherapists are ___________________________ but are simply having ___________________________ that they are unable to resolve through their usual coping mechanisms and support network.

2. A meta-analysis takes the _______________________________ individual studies and integrates them into a ________________ so that the diverse evidence is ____________________ into a more meaningful whole.

3. What were the three goals of Mary Lee Smith and Gene Glass’s 1977 psychotherapy study?

4. Smith and Glass found that the average client receiving therapy was better than _________ of the untreated controls. The therapies represented by the available outcome calculations moved the average client from the ________ percentile to the ________ percentile.
   a. What does the term "percentile" indicate?

5. Examine figure 33-1 on page 261. What’s your biggest takeaway from the information presented in the graph?

6. What three conclusions did Smith and Glass draw from their findings?

7. What does the phrase “eclectic approach” mean in terms of psychotherapy?

8. Which of the recent applications of Smith and Glass’s findings and methodology did you find to be most interesting? Explain why.