Your task: Apply what you’ve learned in the Personality unit of your Psychology class to one of the four main characters (pictured above) to the film The Edge of Seventeen.

Character Choice: _____________________________

**PSYCHOANALYTIC THEORY**

1. What are some examples from the film that demonstrate your character making a decision utilizing the *id*, *ego*, and *superego* aspects of their personality? Give a different example for each aspect.

<table>
<thead>
<tr>
<th>Id example</th>
<th>Ego example</th>
<th>Superego example</th>
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2. Which *Psychosexual stage of development* is your character currently in (*oral*, *anal*, *phallic*, *latency*, or *genital*)?

   My character is currently in the ________________________________ psychosexual stage of development.
   a. I know this because… *(give explanation/rationale):*

3. What types of natural instincts/urges do you believe reside in your character’s *unconscious*? Give an example from the movie that supports your answer:

4. Freud believes there are a multitude of *defense mechanisms* we use on a daily basis, including *displacement*, *projection*, *sublimation*, *regression*, *rationalization*, *repression*, *reaction formation*, and *denial*. Try to find two (2) examples of different defense mechanisms used by your character in the film.

   My character uses the defense mechanism of ________________________________ when he/she… *(example):

   My character uses the defense mechanism of ________________________________ when he/she… *(example):

**PSYCHODYNAMIC THEORY**

5. Neo-Freudians believed that an individual’s personality is formed due to various processes. Indicate how each Psychodynamicist’s idea applies to an action/trait pertaining to your selected character, if applicable.

<table>
<thead>
<tr>
<th>Alfred Adler</th>
<th>Karen Horney</th>
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<tbody>
<tr>
<td><em>Inferiority Complex</em></td>
<td><em>Childhood Anxiety</em></td>
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HUMANISTIC THEORY

6. Humanistic theory includes Maslow’s Hierarchy of Needs. This paradigm contains five stages—physiological, safety, love and belonging, esteem, and self-actualization. Where does your character fall on the hierarchy?

My character (is / is not) meeting the Physiological stage because… (give explanation)

My character (is / is not) meeting the Safety stage because… (give explanation)

My character (is / is not) meeting the Love and Belonging stage because… (give explanation)

My character (is / is not) meeting the Esteem stage because… (give explanation)

My character (is / is not) meeting the Self-Actualization stage because… (give explanation)

7. How does your character’s actual self differ from their ideal self? Give an example from the film to demonstrate.

TRAIT THEORY

8. Trait theorists argue personality characteristics can be broken down into five traits—conscientiousness, agreeableness, neuroticism, openness to experience, and extraversion. Where does your character rank on these five dimensions?

My character rates (low / medium / high) on Conscientiousness because… (give explanation)

My character rates (low / medium / high) on Agreeableness because… (give explanation)

My character rates (low / medium / high) on Neuroticism because… (give explanation)

My character rates (low / medium / high) on Openness to Experience because… (give explanation)

My character rates (low / medium / high) on Extraversion because… (give explanation)

9. What’s an example of when a situational influence alters the expression of one of your character’s typical traits?

SOCIAL-COGNITIVE THEORY

10. Is your character an instant gratifier (always does what is immediately pleasurable) or able to delay gratification (put off pleasure for now and receive it later)? Give an example to support your answer.

11. Does your character have an internal locus of control (believe he/she controls his/her own fate) or an external locus of control (believe outside factors determine his/her destiny)? Explain your rationale.

12. How does reciprocal determinism (shaping and being shaped by the environment) apply to your character?

13. What is an example from the movie where your character demonstrates learned helplessness (repeated bad events lead to giving up)?

REVIEW

14. What was your overall opinion of the movie? Was it effective in helping demonstrate personality theories? Should I continue showing it in the future for this unit?