Learning Journal

Journal Entry 1: Superstition

**Superstitious behavior** is when you irrationally believe there is a connection between a behavior and an unrelated reinforcer.

- example: *If I wear my lucky socks during my game, I score more points.*

Reflect on your life and describe any superstitious behavior you engage in or superstitious beliefs you possess.

What do you think started/caused this/these superstition(s)? Why have you maintained it/them? Has any evidence ever contradicted it/them?