Your task: Apply various concepts learned throughout the States of Consciousness unit to characters, actions, and events from the film “Inception”. “Inception” is a psychological science-fiction action film about a thief who possesses the power to enter others’ dreams.

1. Near the beginning of the film, a dream occurs where Cobb and his partner Arthur are speaking to a prospective client, Saito, about their service of protection against information. What is the manifest content of this dream?

   a. Using an online dream dictionary of your choice, what would be the latent content of this dream?

2. After accepting the “inception” job offer, Cobb takes graduate student Ariadne through an “audition” dream. During this audition, how does Ariadne demonstrate lucid dreaming?

3. Throughout the film, Cobb constantly daydreams about re-uniting with his children. In class, we learned about some common types of daydreams. How does Cobb’s daydream fit either the conquering hero or suffering martyr daydream theme? Explain your answer.

4. In which stage of sleep are all of the dreams throughout the film most likely occurring? ________

   a. Based on your knowledge of the sleep cycle, approximately how far along into their sleep are the movie’s characters experiencing their dreams?
5. What are some examples from the film where sensory stimuli in a character’s sleeping environment become incorporated into his/her dream content?

6. In Cobb’s dreams, his deceased wife Mal constantly appears, usually with aggressive intent. How would each of the following dream theories explain this content in Cobb’s dreams?

   a. **Wish Fulfillment** theory -

   b. **Information-Processing** theory -

   c. **Physiological Functioning** theory -

   d. **Cognitive** theory -

   e. **Threat-Simulation** theory -

   f. **Activation-Synthesis** theory -

7. In what way is the team’s mission of information inception similar to a hypnotist creating a post-hypnotic suggestion in a patient? Explain your answer.

8. What was your overall opinion of the movie? Was it effective in helping demonstrate theories, concepts, and other class content from the states of consciousness unit? Should I continue showing this film in the future?